

PARTICIPANTS:

The Center is non-denominational and serves all people aged 60 or older that live within the City of Alexandria.

NEW PARTICIPANT REGISTRATION:

A short registration process is used to assess a prospective participant's needs and to meet Administrative requirements. Please call 703-751-2766 to make an appointment.

SENIOR OPPORTUNITIES:

The Center promotes happiness and independence through health and wellness, social, educational, recreational, and cultural opportunities. Referrals are made to other services throughout the community. Nutritious lunches are served daily.

CENTER LOCATION:

The Center is located at **4650 Taney Avenue, Alexandria**, across the street from the Patrick Henry Elementary School and Rec Center. Take Seminary Road to North Jordan then turn right on Taney Avenue.

TRANSPORTATION AND MEALS:

The City of Alexandria provides door-to-door bus transportation and daily lunch. Registered participants can make bus or meal reservations by calling 703-751-2766, one day in advance before 11:00 am.

PARTNERS OF ST. MARTIN DE PORRES SENIOR CENTER:

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

HELPFUL INFORMATION SOURCES:

- **City of Alexandria Division of Aging and Adult Services: 703-746-5999**
- Alexandria DOT Transportation: 703-746-4079
- Alexandria Meals-On-Wheels: 703-836-4414 x.110 Marshall Hespe
- Alexandria Senior Taxi: 703-746-5999 x1
- Arlington County Agency on Aging: 703-228-1700
- Fairfax Area Agency on Aging: 703-324-7948
- Legal Services of Northern Virginia: 703-778-6800 Mon-Thurs 9:30-12:30, 1:30-3:30
- Catholic Charities Emergency Assistance: 703-548-4227, 703-548-4881
- **Catholic Charities Diocese of Arlington Senior Services: 703-751-2766**

ST. MARTIN DE PORRES SENIOR CENTER STAFF:

Juanita Balenger, Senior Center Program Director

Luis Angel, Senior Center Assistant Director

Maria Mellor, Activities and Food Service Assistant, Volunteer Coordinator



ST. MARTIN DE PORRES SENIOR CENTER

ALL SENIORS WELCOME!

Welcome Back!!

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.



September

September 2023

4650 Taney Ave. Alexandria, VA 22304

Phone: 703-751-2766

www.cdda.net/seniorservices/

CENTER OPEN: MONDAY – FRIDAY

8:30 A.M. – 1:30 P.M.

OFFICE HOURS: 8:30 A.M. – 4:30 P.M.

FIELD TRIPS

****Reminders****

Additional Closures: Monday 9/4 for Labor Day

-Bus reservations must be made at least one day in advance by 11 am.

-Lunch reservations must be made at least one day in advance by 11am.

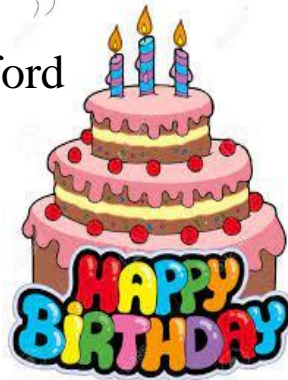


Happy Birthday!

September Birthdays!



- 01 – Maria Garcia
- 08 – Tenaye Wondie
- 13 – Anne Marie Bradford
- 16 – Kifle Lemma
- 19 – Teo Perez
- 26 – Les Lindsay
- 29 – Elaine Johnson
- 30 – Thu –Hue Tran



Our Birthday Party will be on Thursday, September 21
Musical Entertainment provided by DJ Robby G.



Wednesday, September 6: Self-Guided Tour at the Smithsonian Air and Space Museum

Launch into the history of flight by surrounding yourself with icons of air and space travel. The flagship building on the National Mall in Washington, D.C, exhibits aircraft, spacecraft, missiles, rockets, and other flight-related artifacts. This will give you a chance to check out their 8 new exhibits! Seating on the bus is limited to 24 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30. Last day to sign up is September 5th at 11:30am. Please sign up with Maria **in person while she is in her office to reserve your spot.**

Wednesday, September 27: Farmers Market Trip

We are going to have a chance to go to a local farmers market where you can support local farmers, while getting a chance to get some fresh veggies and handmade food and crafts. This will also give you a chance to use the farmers market coupons if you signed up for it. This is a free trip, but you will need to pay for any shopping you might do. If it is raining and the farmers market is closed, we will go to Prime Thrift Store. Seating on the bus is limited to 24 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30. Last day to sign up is September 26th at 11:30am. Please sign up with Maria **in person while she is in her office to reserve your spot.**